

# HELEN PANOS, Ed.S. Founder/Owner



Helen took the time, before starting to schedule a tutor, to ask about my high schooler's learning style, experience with tutors in the past, and how we could measure his progress. She matched him with tutors who were easy to communicate with and responsive to my son's strengths. My son showed improvement in his Algebra class and benefited from the SAT prep sessions.

- Beth J., Parent of 10th grader

I have seen the tireless work Helen puts into finding the right tutor for each child, no matter what specialty area the student needs. She truly cares about the families and the tutors which make for strong relationships that let students reach their full potential during their tutoring sessions and beyond. – Kate A., Tutor and Parent

We started with a reading tutor from Dynamis
Learning Academy, and I've already seen a big
improvement with my 8 year old son who was
falling behind. In addition, my 10 year old has been
learning writing strategies from the tutor, especially
how to organize his thoughts which help him
get past the first step of a writing project. This is
usually the hardest step for him. I would definitely
recommend Dynamis Learning Academy.

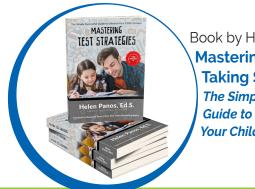
- Michelle A., Parent of 3rd & 5th grade boys

Helen helps kids get their homework done, improve their grades, and be happier at school & home.

# Parents are not meant to be the teachers of every subject but to spend quality time with their kids.

The Dynamis philosophy is simple...with over 25 years educational experience, Helen Panos, the founder of Dynamis, has taught many children how to succeed in school and life. She specializes in helping children close the gaps or get ahead - making the parents lives so much easier in the process.

Helen listens, discusses and customizes a program to meet your child's needs and goals using the best qualified tutor. Depending on your child's strengths and weaknesses, she will connect you with a Dynamis trained tutor who will best assist your child in his academic journey. The tutors who work for Dynamis Learning Academy specialize in reading, math, gifted, special education, SAT/ACT and more. The tutors are also flexible in terms of location and will meet your child in your home or a mutually convenient place.



Book by Helen

Mastering Test

Taking Strategies

The Simple Successful

Guide to Enhance

Your Child's Grades

#### About Helen Panos

Helen Panos, founder of Dynamis Learning Academy, is an accomplished educator/instructional specialist with over 25 years experience in a public school system with regular and gifted education. She has several years of experience with curriculum design and has served on multiple educational committees over the years related to the state of Georgia and other public school systems in the metro Atlanta area. She also has an Educational Leadership Degree in Administration and Supervision and has had more recent experience in leading parents and teachers in Section 504 meetings. She believes that students can achieve their potential when given the right tools, resources and strategies.

You can follow Dynamis Learning Academy on Facebook, Twitter, Instagram and Linkedin.

Past Speaking Engagements Include:

GAGC, Georgia Association of Gifted Conference

SGMSA, Georgia Middle School Association Conference

S People to People Ambassador Program, Beijing China

S Professional Development Seminars with Teachers

Contact us: helen

To invite Helen to speak at your event, write to helen@dynamislearningacademy.com or call 770-282-9931.

### PRESENTATION TOPICS

How to Help Your Children Complete Their Homework (without frustration or anger) / 3 Techniques to Help Minimize the Battle Over Homework Each Night.

Ever feel like you are in a constant battle over homework with your children, and it never seems to end? You find your children are not focused enough to get the work done on time and everyone gets frustrated or angry. Good news! There's a way to create a calmer environment at home around doing homework every night.

You'll discover....

- How to set up your home environment so it is conducive to your children getting their work done
- How to change the dynamics at home so all homework is done without a fight each night
- A simple process to help your children start and end their academic school year on a positive and successful note
- The secret to a reward/consequence system that works

#### How to Master Test Taking Strategies Simple Successful Ways to Enhance Your Child's Grades

Feel like your child is struggling with tests in school but can't explain why his test or quiz grades are low? It's time to learn some simple strategies that will help him be more successful during tests. In this world, there is much emphasis on test and quiz scores, so it's important to learn the techniques that could help your child succeed. And the sooner you both learn these - the easier school will become as these techniques can be applied over and over again in different testing scenarios!

You'll discover....

- The importance of following certain guidelines when taking tests
- The key to raising your test grades a step by step approach to being a successful test taker
- How to change the way you approach a test before you enter the testing environment
- The exact strategies you can use to help relieve you of test anxiety and feeling like you cannot test well

#### How to Eliminate Problems ADHD Kids Have with their Academics

Ever feel like your child with ADHD is never going to be able to succeed in school without a lot of extra support from you? And it's even more stressful that you don't always know the best way to help them at home (without fighting or annoyance). It's time to find strategies that work and can help your ADHD child be productive in school and home without putting the responsibility all on you.

You'll discover....

- The top 3 ways to help an ADHD child do well in his academics
- Five strategies to help an ADHD child be self-sufficient and productive (read: giving you more free time!)
- How ADHD children can be successful when given a different method of learning
- A simple process ADHD children can follow to get homework done on time

### How to Get Extra Support from Schools for Kids with Disabilities 3 things you can do within Georgia Law to help your child if they have academic difficulties or a medical diagnosis.

Ever feel like your child is constantly having problems with one or more subjects at school and you are not sure how to go about helping him or her? You, as a parent, have tried many things, but the situation is not getting better. You notice something is not right but you can't put your finger on it. It's time to learn what else your school can do to help solve your child's academic problems.

You'll discover....

- What the RTI/SST process is and what you can do for your child if they are having academic difficulties
- How to go about helping your child with a medical diagnosis get accommodations under Section 504 of the 1973
   Rehabilitation Act
- What are the differences between a 504 plan and an IEP and what qualifies a child for these plans
- Tips on how to prepare for a 504 and education placement meeting